



EUROPEAN NETWORK FOR MENTAL  
HEALTH SERVICE EVALUATION

7<sup>th</sup>

INTERNATIONAL CONFERENCE

MENTAL HEALTH  
SERVICES RESEARCH

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CHALLENGES  
FOR THE FUTURE

LUND, SWEDEN

JUNE 9 - 11  
2006

WELCOME!

ENMESH

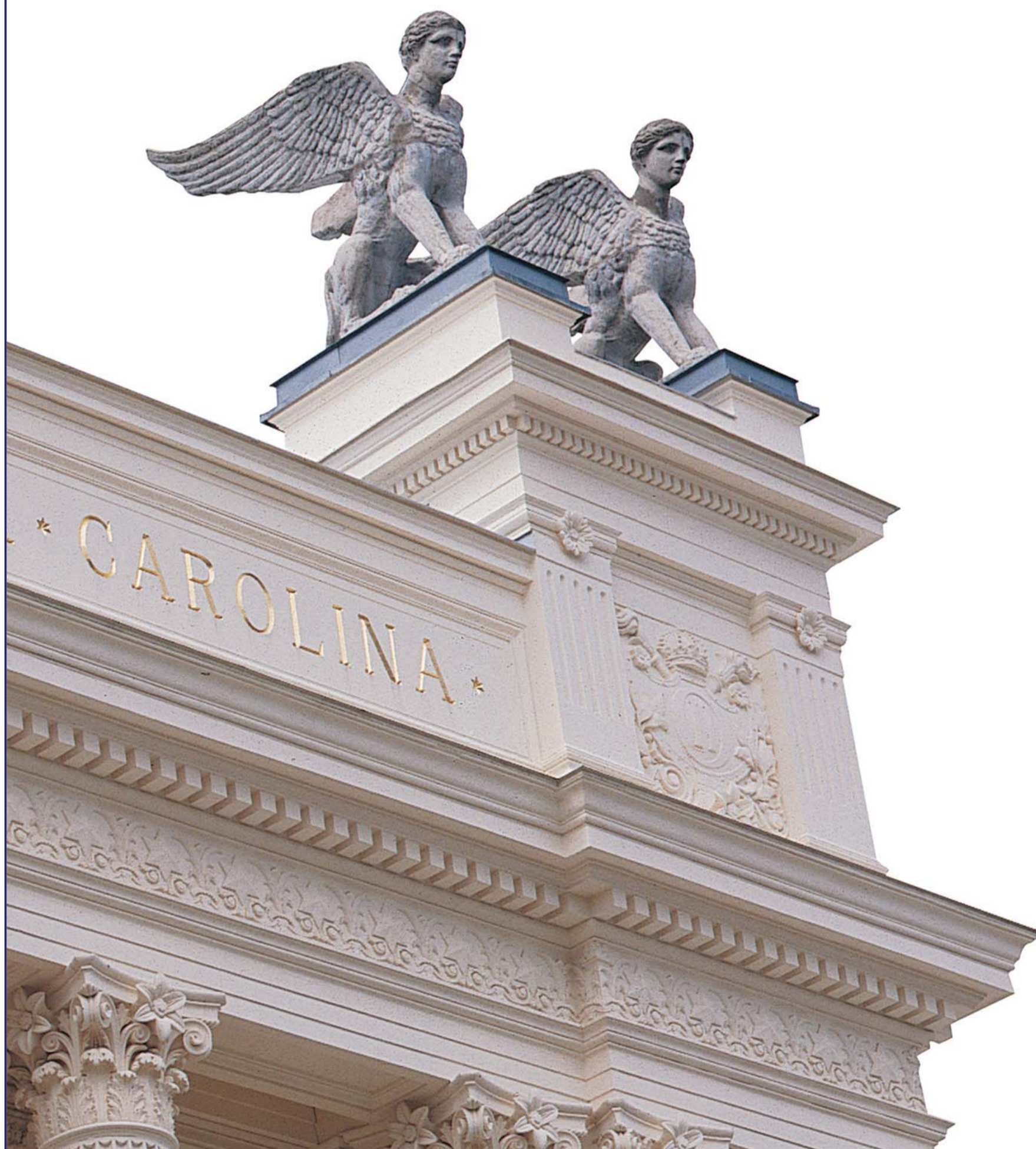
DEPARTMENT OF HEALTH SCIENCES AND DEPARTMENT OF CLINICAL SCIENCES  
IN COLLABORATION WITH THE VÅRDAL INSTITUTE  
LUND UNIVERSITY AND MALMÖ UNIVERSITY



EUROPEAN NETWORK FOR MENTAL  
HEALTH SERVICE EVALUATION

INFLYTANDEPROJEKTET  
NATIONELL PSYKIATRISAMORDNING

# FIGHTING STIGMA



WELCOME  
FRIDAY JUNE 9<sup>TH</sup>

# WORKSHOP

DEPARTMENT OF HEALTH SCIENCES AND DEPARTMENT OF CLINICAL SCIENCES  
IN COLLABORATION WITH THE VÅRDAL INSTITUTE  
LUND UNIVERSITY AND MALMÖ UNIVERSITY



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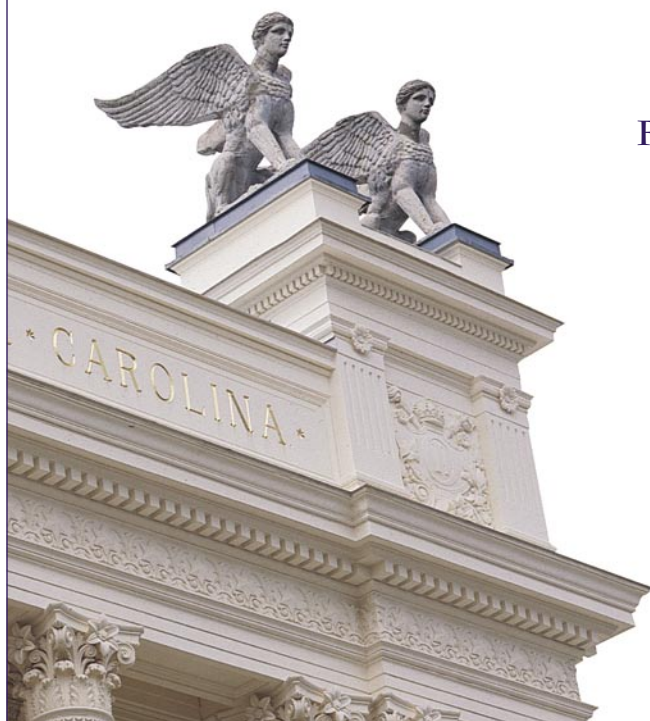
MENTAL HEALTH  
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# PROGRAMME

DEPARTMENT OF HEALTH SCIENCES AND DEPARTMENT OF CLINICAL SCIENCES  
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LUND UNIVERSITY AND MÄLMÖ UNIVERSITY

***Dear colleagues,***

*It is a great pleasure to welcome you to the 7th International ENMESH Conference “Mental Health Services Research; Challenges for the Future” in Lund, Sweden, June 9-11, 2006.*

*The ENMESH conferences, which are the main activity of ENMESH, were launched in 1994 in Amsterdam. The aim was to enable researchers from many professions all over Europe engaged in mental health service research to meet and exchange research ideas and knowledge in a highly academic but still informal, friendly and networking atmosphere.*

*Throughout Europe mental illness and mental health services are a matter of political debate and legislation. The themes of this 7th ENMESH Conference are very much in line with the most recent European developments in the field. One of these themes, Public Attitudes towards Mental Illness, is related to how people within society are thinking about and behaving toward the mentally ill. Another theme concentrates on Mental Illness and Issues of Comorbidity, in particular substance use disorders. The very important issue of mental illness and work is covered by the theme Occupation and Rehabilitation. Finally content and outcome of services will be discussed in the themes Balanced Care and Implementation of evidence based Services.*

*Professor Lars Hansson and his team at the Department of Health Sciences and Department of Clinical Sciences, Faculty of Medicine of Lund University, has developed a programme of high academic standard with highly acknowledged scientists from both Eastern, Central and Western European countries to give an overview of current central issues in mental health services research and development. Their work will certainly contribute to outline future perspectives of the research themes mentioned.*

*On behalf of ENMESH I would like to thank Professor Lars Hansson and this team for their engagement and the huge effort they have put into the development and organization of the 7<sup>TH</sup> Conference of ENMESH. They have made it possible to draw on research experience throughout Europe and to strengthen and develop new research collaborations within a united Europe.*

***Professor Aart H Schene***  
*chairperson of ENMESH*

# ENMESH 7<sup>TH</sup> INTERNATIONAL CONFERENCE

## MENTAL HEALTH SERVICES RESEARCH – CHALLENGES FOR THE FUTURE

During recent decades mental health services research has made major contributions in guiding the transformation of European mental health services into systems focusing on community-based care. System research has revealed the vital components and ethical issues important for this transformation. Scientific evidence for the efficacy of a number of psychosocial interventions in the treatment and rehabilitation of people with severe mental illness has evolved. A number of issues important for the future development of mental health services are, however, still unsolved or under scientific and clinical debate.

The themes of this 7<sup>TH</sup> ENMESH Conference are focusing some of these themes. One of these themes, “Public Attitudes towards Mental Illness”, is related to how people within society are thinking about and behaving toward the mentally ill. Another theme concentrates on “Mental Illness” and “Issues of Comorbidity”, in particular substance use disorders. The very important issue of mental illness and work is covered by the theme “Occupation and Rehabilitation”. Finally content and outcome of services will be discussed in the themes “Balanced Care” and “Implementation of evidence based Services”s.

## ENMESH

ENMESH – the European Network for Mental Health Service Evaluation – was established in 1991 under the auspices of the World Health Organisation, Regional Office for Europe.

## ENMESH AIMS ARE:

- \* *To develop and maintain a network of active researchers in mental health service research in Europe*
- \* *To promote the development and dissemination of study designs, research instruments, mental health outcome indicators (including cost measurements), and relevant forms of statistical indicators*
- \* *To function as a clearing house for mental health service evaluation information in Europe*

## ENMESH MAIN ACTIVITIES ARE

- \* *To organise an international conference every second year – where researchers meet, are networking and discussing research related issues*
- \* *To run and update every second year a register of researchers active in the field of mental health service research and evaluation*
- \* *To maintain an Internet web-site to inform of activities within and linked to ENMESH*

## THE NETWORK

ENMESH is a network of active researchers in the field of Mental Health Service Research and Evaluation. As such it is an informal network established by a group of active researchers in this field of research. They make up the executive committee, take initiatives and run the network. The network is in its structure, culture and organisation informal, which is the idea of a network. This enhances the opportunities of researchers within the network to come to know each other, meet and establish collaboration between researchers and groups of researchers.

# FRIDAY, JUNE 9

13:00 - 14:00 REGISTRATION AND SNACKS

14:00 - 15:00 OPENING SESSION

**Chair:** Professor *Lars Hansson*

**Opening**

Professor *Lars Hansson*

**Welcome address, Medical Faculty, Lund University**

Professor *Susanne Iwarsson*

**Delivering the European mental health declaration,  
challenges for psychiatrists**

Dr *Matt Muijen*

15:00 - 16:00 KEYNOTE LECTURES

**Stigma and mental illness**

Public beliefs about and attitudes towards people with mental illness

– Results of population-based studies

Professor *Matthias Angermeyer*

**Occupation and rehabilitation**

Daily occupations as means and ends in rehabilitation

Professor *Mona Eklund*

16:00 - 16:30 COFFEE BREAK

16:30 - 17:30 KEYNOTE LECTURES

**Chair:** Professor *Agneta Öjehagen*

**Mental illness and comorbidity**

Comorbidity of mental and physical illness: public health implications

Professor *Norman Sartorius*

**Implementation of evidence-based services**

What evidence, and who cares?

Professor *Stefan Priebe*

18:30 GET TOGETHER

*University main building*

# PARALLEL SYMPOSIA - SATURDAY, JUNE 10

- 09:00 - 10:45      **SESSION A**  
**Symposium 1:** Quality of care – inpatient services  
*Lecture room 1 Chair: Bengt Svensson*  
**Symposium 2:** Multi-centre studies of mental health services in Norway  
*Lecture room 4 Chair: Torleif Ruud*  
**Symposium 3:** Stigma and mental illness 1  
*Lecture room 2 Chair: Tommy Björkman*  
**Symposium 4:** Daily occupation and work  
*Lecture room 5 Chair: Mona Eklund*
- 10:45 - 11:15      **COFFEE BREAK**
- 11.15 - 13.00      **SESSION B**  
**Symposium 5:** Evidence of interventions  
*Lecture room 1 Chair: Merete Nordentoft*  
**Symposium 6:** Outcome management  
*Lecture room 4 Chair: Bernd Puschner*  
**Symposium 7:** Stigma and mental illness 2  
*Lecture room 2 Chair: Margareta Östman*  
**Symposium 8:** Work rehabilitation  
*Lecture room 5 Chair: Lars Hansson*
- 13:00 - 14:30      **LUNCH AND POSTER SESSION**
- 14:30 - 16:15      **SESSION C**  
**Symposium 9:** Assertive Community Treatment – Case Management  
*Lecture room 1 Chair: Mikael Sandlund*  
**Symposium 10:** Evidence-based mental health services  
*Lecture room 4 Chair: Tom Burns*  
**Symposium 11:** Stigma and mental illness 3  
*Lecture room 2 Chair: Kim Lützén*  
**Symposium 12:** Mental health and comorbidity  
*Lecture room 5 Chair:*
- 16:15 - 16.45      **COFFEE BREAK**
- 16:15 - 18.00      **SESSION D**  
**Symposium 13:** Cost-effectiveness of interventions  
*Lecture room 1 Chair: Hans Salize*  
**Symposium 14:** Community-based services  
*Lecture room 4 Chair: Durk Wiersma*  
**Symposium 15:** Work and inclusion  
*Lecture room 2 Chair: Claes-Göran Stefansson*  
**Symposium 16:** User views on treatment and depression  
*Lecture room 5 Chair: Agneta Öjehagen*
- \* Further details of symposia available in the Abstract book
- 19.00      **CONFERENCE DINNER AT THE ACADEMIC SOCIETY**  
*University Campus area, Sandgatan 2*

# SUNDAY, JUNE 11

09:00 - 11:00

## KEYNOTE LECTURES

**Chair:** Professor *Agneta Öjehagen*

### **Stigma and mental illness**

Discrimination: Is there an evidence base?

Professor *Graham Thornicroft*

### **Mental illness and comorbidity**

Recent advances in the treatment of mental illness and co-occurring abuse disorders

Professor *Kim Mueser*

### **Implementation of evidence-based services**

The dash from hopeful idea to restrictive policy

Professor *Marianne Farkas*

### **Occupation and rehabilitation**

Occupation and employment: promoting social inclusion

Professor *Peter Huxley*

11:00 - 11:30

## COFFEE BREAK

11.30 - 12.30

## CLOSING SESSION

**Chair:** *Lars Hansson*

*Maths Jespersen*

User organization

*Dr Anders Milton*

Ministry of Health and Social Affairs

Professor *Aart Schene*

ENMESH executive committee



# THEMES

## PUBLIC ATTITUDES TOWARDS MENTAL ILLNESS

*Keynote speakers: Matthias Angermeyer and Graham Thornicroft*

During the last decade there has been an increasing awareness that stigma, devaluation and discrimination are still matters which have a great impact on the care and life situation of people with a mental illness. There is still a great need for further research on stigma processes on at least three levels. Further knowledge is needed on attitudes and behaviour of the general population against people with a mental illness, and above all knowledge of strategies effective in changing stigmatising attitudes and behaviour. Research on the effectiveness of anti-stigma interventions targeting professional groups is also an area of priority. A third focus in this conference theme would be research on self-stigmatising attitudes and behaviour and the effectiveness of anti-stigma interventions focussing strategies for empowerment or coping with stigma experiences.

## IMPLEMENTATION OF EVIDENCE BASED SERVICES – BALANCED CARE

*Keynote speakers: Stefan Priebe and Marianne Farkas*

Intervention studies have mostly been performed in research based settings and not in routine care settings. Our knowledge about the efficacy of various community-based interventions and service models has increased. However, the effectiveness of these interventions facing routine care settings is much less investigated. A crucial question has been the implementation of evidence-based interventions and services. In order to optimise mental health services in a societal context there are also other factors of importance. We invite research related to intervention studies, particularly those who pay attention to the routine care perspective, studies of the implementation of effective interventions, and studies which relate the efficacy of interventions to the service context.

## MENTAL ILLNESS AND ISSUES OF COMORBIDITY

*Keynote speakers: Norman Sartorius and Kim Mueser*

Substance use disorders are common among persons with mental illness. Co-occurrence of substance use disorders affects treatment and rehabilitation efforts, as well as the course of illness. There are also indications that substance use disorders are increasing among people with mental illness. The integration of treatment in mental health services with alcohol/drug abuse treatment is therefore an issue of importance. It has also been shown that physical illnesses are often neglected or not detected. This conference theme would focus research on the prevalence and incidence of comorbidity in mental illness, research on treatment and rehabilitation efforts paying attention to these issues, as well as research on integrated services.

## OCCUPATION AND REHABILITATION

*Keynote speakers: Mona Eklund and Peter Huxley*

Occupation may denote people's work, but understood in broad sense occupation may also include activities such as home chores, leisure and recreational activities, and self-care. All kinds of daily occupations that are experienced as meaningful in some respect tend to be associated with health, suggesting that meaningful occupation is an important target for mental health services. While vocational rehabilitation has been vastly investigated, occupation in the broader sense has been researched to a minor extent. This conference theme includes occupation both as an end and as a means in rehabilitation and encompasses research into areas such as vocational rehabilitation, activity-based interventions and occupation as an everyday phenomenon.

## VENUE

### CONFERENCE SESSIONS

The Auditorium and lecture rooms, main building Lund University Hospital  
Getingevägen 4, Lund

### GET TOGETHER

Main University building

### CONFERENCE DINNER

Academic society, Sandgatan 2, Lund

## ENMESH EXECUTIVE COMMITTEE

### CHAIRPERSON:

**Aart Schene** – *The Netherlands*

### SECRETARY:

**Thomas Becker** – *Germany*

### MEMBERS:

**Lars Hansson** – *Sweden*

**Martin Knapp** – *U.K.*

**Mirella Ruggeri** – *Italy*

**Michele Tansella** – *Italy*

**Graham Thornicroft** – *U.K.*

**Toma Tomov** – *Bulgaria*

**José Luis Vázquez-Barquero** – *Spain*

## ORGANIZING COMMITTEE

**Tommy Björkman**

**Mona Eklund**

**Lars Hansson**

**Bengt Svensson**

**Agneta Öjehagen**

**Margareta Östman**

## ENMESH CONFERENCE COMMITTEE

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## COLLABORATORS



FACULTY OF MEDICINE  
Lund University



MALMÖ HÖGSKOLA