











ENMESH 2013 www.enmesh.eu

Tenth International Conference of the European Network For Mental Health Service Evaluation

Recovery-Oriented Mental Health Services:

Therapeutic, Organisational and Economic challenges

OCTOBER 3-5, 2013
POLO ZANOTTO, VERONA - ITALY



PROGRAMME

Committees & Secretariat

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Organizing Secretariat

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Dear Colleagues,

On behalf of the ENMESH Executive Committee, it is a great pleasure to welcome you to the Xth ENMESH International Conference in Verona. At the "Polo Zanotto", a new building of the University of Verona, close to the historical city centre, you will have the opportunity to chose among about 150 contributions that will be presented as oral presentations or illustrated in posters. And you can attend the 26 symposia with about 130 further presentations. Overall, we have had 280 contributions delivered by mental health services researchers from 20 countries. In line with previous ENMESH International Conferences, general keynote lectures will open and close the scientific part of the conference. Further keynotes will open and close each of the four Conference Thematic Tracks: (1) Reducing socio-economic inequalities of places, individuals and services for better patients' recovery, (2) Changing patterns of psychotropic drug interventions in mental health systems, (3) Psychosocial interventions that promote better outcome and recovery, (4) Improving communications skills for better mental health services.

The core scientific programme consists of 26 symposia with 4 or 5 papers each, 18 oral presentation session with 4 or 5 papers each, 80 posters in 2 poster sessions.

The book of abstracts will be published online on the ENMESH website (www.enmesh.eu) and it will be sent as a CD-ROM to all the subscribers after the Conference. The CD-ROM will also include pictures taken during the Conference and special contents that may be of interest.

Below please find the final programme. The first

section of the Programme (p. 4) shows the basic programme structure and time schedule. After that, you will find details on all contributions, i.e. symposia (p. 7), oral presentations (p. 17), and posters (p. 24).

We are grateful to all presenters for having submitted their work, to the distinguished experts for having accepted our invitations to give keynotes, and to the many colleagues who agreed to chair oral presentation or poster sessions. Finally, we are grateful to the Local Scientific Committee and to the ENMESH Board for their wonderful job in reviewing the submitted papers and in preparing the final version of the program. We are also grateful to Donatella Castiglioni for her organizational support.

Finally, we have to be grate to the COGEST team, particularly to *Eleonella Righetti* and *Valentina Tognella* for their brilliant and professional organizational work.

Please visit the ENMESH website (www.enmesh. eu) for the latest news. And do not hesitate to contact us at verona.enmesh2013@ateneo. univr.it in case of questions or comments. We hope that the Xth ENMESH International Conference 20131 in Verona will provide a truly fruitful experience for everyone.

Francesco Amaddeo and Corrado Barbui (Local Scientific Committee Coordinators)

Mirella Ruggeri (ENMESH Chairperson)

8.30 Parti Aula Welc	; ;				
Aula Welk	Participants Registration opening time	ning time			
Welk	a T.3				
Flavi	come addresses Frances	Welcome addresses Francesco Amaddeo, Corrado Barbui (Italy)	(Italy)		
9.00-10.00 <u>Sand</u>	Flavio Tosi, Mayor of Verona Nicola Sartor, Rector of the University of Verona Sandro Caffi, Director General AOUI Verona	Jniversity of Verona al AOUI Verona	Maria Giusep Alfredo Gugli Domenico M	Maria Giuseppina Bonavina, Director General ULSS 20 Verona Alfredo Guglielmi, President, Medica School, University of Verona Domenico Mantoan, Health Department, Veneto Region	eral ULSS 20 Verona ol, University of Verona l'eneto Region
Pres. Mire	Presidential addresses Mirella Ruggeri (ENMESH C	Presidential addresses <u>Mirella Ruggeri</u> (ENMESH Chairperson) - Recovery-oriented mental health care: the old, the new and the evergreen challenges	ited mental health care: the ol	d, the new and the evergreen	challenges
Gen	eral Opening Lectures F	General Opening Lectures Bernd Puschner (Germany), Mirella Ruggeri (Italy)	Airella Ruggeri (Italy)		
Robe 10.00-11.30	Robert Drake (United States)		Using behavioral health technole communications, and outcomes	Using behavioral health technology to improve psychosocial treatments, communications, and outcomes	ial treatments,
Jasna	Jasna Russo (Germany)		From empowerment to eman	From empowerment to emancipation: situating first person knowledge	n knowledge
Disc	Discussant: Mike Slade (United Kingdom)	ed Kingdom)			
Open	ening Themes 1 & 2 Anto	Opening Themes 1 & 2 Antonio Lasalvia (Italy), Luis Salvador-Carulla (Australia)	ador-Carulla (Australia)		
11.30-13.00 Then	Theme1: Kristian Wahlbeck (Finland)	(Finland)	Policy and practice in menta	Policy and practice in mental health services: can research make the two meet?	make the two meet?
	Theme 2: Philippa Garety (United Kingdom)	nited Kingdom)	Psychological interventions and service organiz psychosis: learning from evidence and practice	Psychological interventions and service organization to promote recovery in psychosis: learning from evidence and practice	omote recovery in
13.00-14.00		Lunc	Lunch & Guided Poster Session I	lon l	
			Parallel Sessions		
	Aula T.3	Aula 1.1	Aula 1.2	Aula1.3	Aula1.4
S01 evide inter in ro in ro trave	SO1 Implementing evidence based early interventions for psychosis in routine practice: the road travelled, the road ahead	OP1 Socio-economic inequalities 1	OP3 Socio-economic inequalities 3	OP5 Socio-economic inequalities 5	OP6 Psychosocial interventions 1
S05 with 15.15-16.45 on it: inter	S05 The stigma associated with mental illness: Studies on its societal context and interventions	OP2 Socio-economic inequalities 2	OP4 Socio-economic inequalities 4	OP7 Psychosocial interventions 2	OP9 Psychosocial interventions 4
			Coffee break		
S02 Imple in the interval in the int	SOZ Third Wave of Implementing Recovery in the City of Aarhus – Engaging Users in the Implementation Process and in Measuring Personal Outcomes	S04 Financing systems and quality of mental health care. The REFINEMENT Project	S03 Comorbidity of mental and physical disorders - a major challenge for medicine in the early 21st century	OP8 Psychosocial interventions 3	S06 Crisis alternatives to hospital admission
18.45		Welcome Cocl	Welcome Cocktail at Museo Civico di Storia Naturale	toria Naturale	

Friday, October 4					
			Parallel Sessions		
	Aula T.3	Aula 1.1	Aula 1.2	Aula1.3	Aula1.4
8.30-9.30	SO7 Experiences in the use of the CORE-Outcome Measure to improve communications skills and outpatient service quality	S11 From Theory to Practice: Implementing Recovery into Mental Health Services in Quebec, Canada	S09 Research on recovery for recovery-oriented services	S10 Managing everyday life with psychosis: psychiatry, poverty, people and pills	
	Aula T.3				
9.45-11.15	Opening Themes 3 & 4 Christa Zimmermann (I Theme 3: Helene Verdoux (France) Theme 4: Sir David Goldberg (United Kingdom)	4 Christa Zimmermann (Italy), Arunas Germanvicius (Lithuania) oux (France) How to translate into clinical studies? The example of psycloldberg (United Kingdom) Improving the communication	nas Germanvicius (Lithuania) How to translate into clinical practice findin studies? The example of psychotropic drugs Improving the communication skills of GPs	nas Germanvicius (Lithuania) How to translate into clinical practice findings from pharmaco-epidemiological studies? The example of psychotropic drugs in the elderly Improving the communication skills of GPs	aco-epidemiological
			Coffee break		
			Parallel Sessions		
11.30-13.00	S13 Towards a European Roadmap for Mental Health and Well-being (ROAMER): Identifying priorities for social inclusion and economic research	S12 Transition from Child to Adult Mental Health Care in Europe: Barriers and Opportunities	OP10 Psychosocial interventions 5	\$14 Case management or treatment approaches for neglected or marginalised patient groups	S15 Women's Mental Health
13.00-14.00		Lunc	Lunch & Guided Poster Session II	on II	
			Parallel Sessions		
14.00-15.15	S17 Research into mental health supported accommodation services: international perspectives and comparisons	S16 Specialization, integration care and continuity of care: how important are they for patients' outcomes?	OP11 Psychotropic drug interventions 1	OP14 Communications skills 2	OP15 Communications skills 3
15.15-16.45	OP13 Communications skills 1	OP12 Psychotropic drug interventions 2	OP16 Psychosocial interventions 6	OP17 Psychosocial interventions 7	OP18 Communications skills 4
			Coffee break		
17.00-18.30	S18 Tackling stigma and discrimination in people with major depression: findings from the international ASPEN/	S19 Inpatient treatment in acute wards: patterns of functioning in Europe and future trends	S20 Outcome monitoring as a tool to improve patient- clinician communication: studies from the northern Netherlands mental health network	S21 Outcomes in times of recovery-orientation	S22 Clinical Decision Making and Outcome in Routine Care for People with Severe Mental Illness: CEDAR
20.00		Opera Gala Dii	Opera Gala Dinner (in the historical center of Verona)	iter of Verona)	

Saturday, October 5					
	Aula T.3	Aula 1.1	Aula 1.2	Aula1.3	Aula1.4
8.30-10.00	S23 Prevalence, nature and prevention of victimization amongst persons with (severe) mental health problems: findings from a national research programme in the Netherlands	S24 Quality and effectiveness of mental health services for people with complex needs	S25 Process evaluation of an intervention to promote recovery and related outcomes	S26 Access to health services for persons with mental health problems and mental disorders in Málaga (Spain)	S27 Residential facilities: are they promoting recovery or are they 'homes for life'?
		Coffee break	break		
	Aula T.3				
	Closing Themes 1 & 2 Thom	Closing Themes 1 & 2 Thomas Becker (Germany), Andrzej Cechnicki (Poland)	ej Cechnicki (Poland)		
	Theme 1: Martin Knapp (United Kingdom)	ited Kingdom)	Inequality, inequity, ineffectiveness: from evidence to action	eness: from evidence to actio	u
L	Theme 2: Steffi Riedel-Heller (Germany)	(Germany)	Psychosocial interventions in severe mental disorders – evidence, recommendations and open questions for mental health service research	severe mental disorders – ev I health service research	dence, recommendations
10.13-12.13	Closing Themes 3 & 4 Aart 5	Closing Themes 3 & 4 Aart Schene (The Netherlands), Michail Okoliyski (Bulgaria)	chail Okoliyski (Bulgaria)		
	Theme 3: Scott Patten (Canada)	<u>da)</u>	Do psychotropic medications improve mental health in the population? And, why is such a simple question so hard to answer?	improve mental health in the d to answer?	population? And, why is
	Theme 4: Stefan Priebe (United Kingdom)	ed Kingdom)	Better communication with patients - the heart and the future of psychiatry	atients - the heart and the fut	ure of psychiatry
	General Closing Lectures M	lichele Tansella (Italy), Grahaı	General Closing Lectures Michele Tansella (Italy), Graham Thornicroft (United Kingdom)	m)	
12.15-14.00	<u>Lars Hansson</u> (Sweden)		Public stigma and self-stigma in staff-patient relationships. A future perspective in recovery-oriented services?	in staff-patient relationships.	A future perspective in
	David McDaid (United Kingdom)	(mop	The economic crisis – an opportunity for mental health service reform?	ortunity for mental health se	vice reform?
14.00-14.30	Conclusions and final rema	rks Francesco Amaddeo, Corı	Conclusions and final remarks Francesco Amaddeo, Corrado Barbui, Mirella Ruggeri, (Italy)	Italy)	

S01	Implementing evidence based early interventions for psychosis in routine practice: the road travelled, the road ahead
S01.1	The feasibility and the effectiveness on objective and subjective outcomes of a multielement psychosocial intervention for early psychosis conducted in the real world routine: Findings from the GET UP PIANO TRIAL Mirella Ruggeri, Chiara Bonetto, Sarah Tosato, Katia De Santi, Sara Poli, Silvia Zoppei, Doriana Cristofalo, Giovanni de Girolamo, Angelo Fioritti, Paola Rucci, Paolo Santonastaso, Giovanni Neri, Francesca Pileggi, Daniela Ghigi, Maurizio Miceli, Silvio Scarone, Angelo Cocchi, Stefano Torresani, Carlo Faravelli, Christa Zimmermann, Anna Meneghelli, Carla Cremonese, Paolo Scocco, Franco Giubilini, Emanuela Leuci, Fausto Mazzi, Massimo Gennarelli, Paolo Brambilla, Michele Tansella, Antonio Lasalvia and the GET UP Group (Italy)
S01.2	Building capacity in routine care professionals to provide innovative interventions for patients in the early psychosis phase in the frame of the GET UP PIANO TRIAL Anna Meneghelli, Sara Poli, Katia De Santi, Andrea Alpi, Laura Bislenghi, Tiziana Bolis, Francesca Colnaghi, Simona Fascendini, Silvia Grignani, C. Paglia, Giovanni Patelli, Doriana Cristofalo, Chiara Bonetto, Mirella Ruggeri and the GET UP Group (Italy)
S01.3	Meeting the needs of caregivers in psychosis- developing focused interventions. <i>Elizabeth Kuipers, Juliana Onwumere, Paul Bebbington (United Kingdom)</i>
S01.4	Life events and outcome of care in early psychosis patients participating in the GET UP PIANO TRIAL Carlo Faravelli, Giulia Fioravanti, Katia De Santi, Mirella Ruggeri, F. Di Paola, C. Lo Sauro, G.A. Talamba, F. Rotella, Silvia Casale, Doriana Cristofalo, Giovanni de Girolamo, Antonio Lasalvia, Paolo Santonastaso, Giovanni Neri, Francesca Pileggi, Daniela Ghigi, Maurizio Miceli, Silvio Scarone, Angelo Cocchi, Stefano Torresani, Franco Giubilini and the GET UP Group (Italy)
S02	Third Wave of Implementing Recovery in the City of Aarhus – Engaging Users in the Implementation Process and in Measuring Personal Outcomes
S02.1	Users take the lead – the production Dialogue cards Kurt Kyed, Ole Langballe (Denmark)
S02.2	Result documentation. A tool for service users, staff and management information Malte Pihl, Brian Kjærulff (Denmark)
S02.3	Screenings of how Recovery orientated providers of social psychiatry are on an organizational level Runa Bjoern, Peter Boldsen (Denmark)
S02.4	About the Open Dialogue education program in Aarhus, and how to support different professionals to develop their own dialogic practices in the work with citizens with psychosocial disabilities Astrid Eiterå (Denmark)
S03	Comorbidity of mental and physical disorders - a major challenge for medicine in the early 21st century
S03.1	Mental-physical comorbidity: data from the World Mental Health Survey Initiative Giovanni de Girolamo, Viola Bulgari (Italy)
S03.2	Stigma and discrimination as barriers to physical health care for people with mental disorders Graham Thornicroft (United Kingdom)

S03.3	Meeting the challenge of physical comorbidity and unhealthy lifestyles: PHYSICO-DSM-VR study Lorenzo Burti, Loretta Berti, Elena Bonfioli, Irene Fiorini, Mariangela Mazzi (Italy)
S03.4	Exercise training in patients with dismetabolic disorders: interrelationships between physical, metabolic and psychological issues <i>Paolo Moghetti (Italy)</i>
S03.5	Causes and consequences of comorbidity of mental and physical diseases Norman Sartorius (Switzerland)
S04	Financing systems and quality of mental health care. The REFINEMENT Project
	Chairmen: Heinz Katschnig (Austria), Francesco Amaddeo (Italy)
S04.1	Mapping the state of the art in the financing of mental health systems. The REFINEMENT project experience David McDaid, A-La Park, Tihana Matosevic (United Kingdom)
S04.2	Financial incentives and disincentives in provider payments and user charges for mental health care. The REFINEMENT project experience Christa Straßmayr, Sonja Scheffel, Heinz Katschnig (Austria)
S04.3	Mapping mental health services in Europe. The REFINEMENT project experience Ilaria Montagni (Italy), Federico Tedeschi (Italy), Damiano Salazzari (Italy), Gaia Cetrano (Italy), Mencia Ruiz (Spain), Juan Luis Gonzalez-Caballero (Spain), Laura Rabbi (Italy), Laura Grigoletti (Italy), Francesco Amaddeo (Italy), Luis Salvador-Carulla (Spain)
S04.4	Pathways of mental health care in European countries. The REFINEMENT project experience Barbara Weibold, Gisela Hagmair, Christa Straßmayr, Heinz Katschnig (Austria)
S04.5	Quality of mental health and social care in Europe. The REFINEMENT project experience Valeria Donisi, Gaia Cetrano, Laura Rabbi, Federico Tedeschi, Damiano Salazzari, Francesco Amaddeo (Italy)
S05	The stigma associated with mental illness: Studies on its societal context and interventions
S05.1	What is the impact of mental health-related stigma on help-seeking? A systematic review of quantitative and qualitative studies Sarah Clement, O. Schauman, T. Graham, F. Maggioni, S. Evans-Lacko, N. Bezborodovs, C. Morgan, N. Rüsch, J.S.L. Brown, G. Thornicroft (United Kingdom)
S05.2	The mental health consequences of the recession: economic hardship and employment of people with mental health problems in 27 European countries Sara Evans-Lacko, Martin Knapp, Paul McCrone, Graham Thornicroft, Ramin Mojtabai (United Kingdom)
S05.3	Effective strategies to fight stigma associated with mental illness: a 15-year experience Andrea Fiorillo, V. Del Vecchio, M. Luciano, G. Sampogna, C. De Rosa (Italy)
S05.4	What predicts stigma against people with mental illness among university students? Luca Pingani, Andrea Fiorillo, Sara Catellani, Marco Rigatelli, Sara Evans-Lacko, Patrick William Corrigan (Italy)
S05.5	The efficacy of Coming Out Proud, a peer-led group intervention, to reduce stigma-related distress: findings of a pilot RCT Nicolas Rüsch, Elvira Abbruzzese, Eva Hagedorn, Daniel Hartenhauer, Ilias Kaufmann, Jan Curschellas, Stephanie Ventling, Gianfranco Zuaboni, René Bridler, Wolfram Kawohl, Wulf Rössler, Birgit Kleim, Patrick W. Corrigan (Germany)
	Discussant - Antonio Lasalvia (Italy)

S06	Crisis alternatives to hospital admission
S06.1	Optimal mental health acute care systems: what do we know? Sonia Johnson (United Kingdom)
S06.2	Service users' perspectives on acute care: findings from qualitative interviews in acute wards, crisis houses and home treatment teams Sarah Fahmy, Sonia Johnson, Brynmor Lloyd-Evans, Angela Sweeney, Fiona Nolan (United Kingdom)
S06.3	Results from National Survey of innovative practice in Crisis Resolution Teams in England Beth Paterson, Sonia Johnson, Brynmor Lloyd-Evans (United Kingdom)
S06.4	Optimising service organization and delivery in Crisis Resolution Teams: the development of a CRT fidelity measure Brynmor Lloyd-Evans, Sonia Johnson (United Kingdom)
S06.5	Development and design of a peer-support self-management programme for people following mental health crisis Alyssa Milton, Sonia Johnson (United Kingdom)
S07	Experiences in the use of the CORE-Outcome Measure to improve communications skills and outpatient service quality
	Chairman: John Mellor-Clark, United Kingdom
S07.1	How to engage practitioners in collecting high quality data – Swedish experiences Rolf Holmqvist (Norway)
S07.2	Implementation of routine measurement of individual outcomes in outpatient services Anders Hovland, Audun Røren (Norway)
S07.3	Introducing practice-based evidence in psychological therapy services: An organisational change perspective John Mellor-Clark, Simone Cross (United Kingdom)
S07.4	How to engage practitioners in routine outcome measurement by Tracking Responses to Items in Measures (TRIM) Simone Cross, John Mellor-Clark (United Kingdom)
S09	Research on recovery for recovery-oriented services
S09.1	Is "Recovery" just the new buzz word? Alessandro Svettini (Italy)
S09.2	The Italian Study on Recovery 2: quantitative results Ileana Boggian (Italy)
S09.3	The Italian Study on Recovery 2: qualitative results Dario Lamonaca (Italy)
S09.4	Recovery oriented interventions in recovery oriented mental health services Silvia Merlin (Italy)

S10	Managing everyday life with psychosis: psychiatry, poverty, people and pills
S10.1	Psychosis and poverty Alain Topor (Sweden)
S10.2	Coping with psychiatry Anne Denhov, Gunnel Andersson, Per Bülow, Alain Topor (Sweden)
S10.3	Psychotropic drugs and everyday life Per Bülov, Gunnel Andersson, Anne Denhov, Alain Topor (Sweden)
S10.4	Everyday life and social relationships Gunnel Andersson, Alain Topor, Anne Denhov, Per Bülow (Sweden)
S11	From Theory to Practice: Implementing Recovery into Mental Health Services in Quebec, Canada
S11.1	Understanding the Issues: The Challenges of Implementing Recovery Within a Complex Health and Social Service System Catherine Briand, Lise Labonté, Myra Piat, Annie Bossé (Canada)
S11.2	Creating Hope: Recovery Stories of People with Mental Health Challenges Annie Bossé, Myra Piat, Catherine Briand, Lise Labonté (Canada)
S11.3	Agreeing on a Common Vision - Moving from Discourse to Action: Innovative Practices & Initiatives in Services Lise Labonté, Annie Bossé, Myra Piat, Catherine Briand (Canada)
S11.4	Sustaining Innovation: Translating the Evidence for Mental Health Recovery into Concrete Practice: A Participatory Research Project
	Myra Piat, Catherine Briand, Lise Labonté, Annie Bossé (Canada)
S12	
S12 S12.1	Myra Piat, Catherine Briand, Lise Labonté, Annie Bossé (Canada) Transition from Child to Adult Mental Health Care in Europe: Barriers and
	Myra Piat, Catherine Briand, Lise Labonté, Annie Bossé (Canada) Transition from Child to Adult Mental Health Care in Europe: Barriers and Opportunities Age of onset of adult mental disorders and the problem of transition
S12.1	Myra Piat, Catherine Briand, Lise Labonté, Annie Bossé (Canada) Transition from Child to Adult Mental Health Care in Europe: Barriers and Opportunities Age of onset of adult mental disorders and the problem of transition Giovanni de Girolamo, Jessica Dagani (Italy) Transition process, outcomes and experience: Findings from the TRACK study
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S13.2	Result of a systematic mapping of the state of the art in European research on promoting social inclusion, addressing social exclusion and stigma Emilie Courtin (United Kingdom), Andrea Fiorillo (Italy), Mario Luciano (Italy), A-La Park (United Kingdom), Graham Thornicroft (United Kingdom)
S13.3	Result of a systematic mapping of the state of the art in European research on the use of economics in mental health and wellbeing research A-La Park (United Kingdom)
S13.4	Results of DELPHI exercises to identify research gaps and priorities areas for future funding Sara Evans-Lacko, David McDaid, A-La Park, Graham Thornicroft (United Kingdom)
S14	Case management or treatment approaches for neglected or marginalised patient groups
S14.1	Migration, social adversity and psychosis - recent findings and implications for mental health services research Ulrich Reininghaus (United Kingdom)
S14.2	Illness perceptions and personality traits of patients with mental disorders: the impact of ethnicity Michael Franz, Hans Joachim Salize, Christian Jacke (Germany)
S14.3	Outcome relevance of illness perceptions and personality trait profiles of German and Turkish inpatients Christian Jacke, Hans Joachim Salize, Michael Franz (Germany)
S14.4	Treatment initiation in mentally disordered people on the edge of homelessness - the MOTIWOHN-Study
	Hans Joachim Salize (Germany)
S15	Hans Joachim Salize (Germany) Women's Mental Health
S15 S15.1	
	Women's Mental Health An examination of the use of antipsychotic medication during pregnancy Clare Taylor, Matthew Broadbent, Ann Greenough, Simon Hannam, Richard Hayes, Richard Holt,
S15.1	Women's Mental Health An examination of the use of antipsychotic medication during pregnancy Clare Taylor, Matthew Broadbent, Ann Greenough, Simon Hannam, Richard Hayes, Richard Holt, Mizanur Khondoker, Dharmintra Pasupathy, Robert Stewart, Louise Howard (United Kingdom) A meta-synthesis of qualitative research on the experiences of mental health services for women with severe mental illness, from pre-conception to parenting
\$15.1 \$15.2	Women's Mental Health An examination of the use of antipsychotic medication during pregnancy Clare Taylor, Matthew Broadbent, Ann Greenough, Simon Hannam, Richard Hayes, Richard Holt, Mizanur Khondoker, Dharmintra Pasupathy, Robert Stewart, Louise Howard (United Kingdom) A meta-synthesis of qualitative research on the experiences of mental health services for women with severe mental illness, from pre-conception to parenting Clare Dolman, Ian Jones, Louise Howard (United Kingdom) Pathways into care among victims of human trafficking in contact with a large inner city Mental Health Service Sian Oram, Charlotte MacKenzie, Cathy Zimmerman, Melanie Abas, Matthew Broadbent,
S15.1 S15.2 S15.3	Women's Mental Health An examination of the use of antipsychotic medication during pregnancy Clare Taylor, Matthew Broadbent, Ann Greenough, Simon Hannam, Richard Hayes, Richard Holt, Mizanur Khondoker, Dharmintra Pasupathy, Robert Stewart, Louise Howard (United Kingdom) A meta-synthesis of qualitative research on the experiences of mental health services for women with severe mental illness, from pre-conception to parenting Clare Dolman, Ian Jones, Louise Howard (United Kingdom) Pathways into care among victims of human trafficking in contact with a large inner city Mental Health Service Sian Oram, Charlotte MacKenzie, Cathy Zimmerman, Melanie Abas, Matthew Broadbent, Louise Howard (United Kingdom) Mental Health Service Users' Experiences of Disclosing Domestic Violence in Mental Health Settings: a qualitative meta-synthesis
S15.1 S15.2 S15.3	An examination of the use of antipsychotic medication during pregnancy Clare Taylor, Matthew Broadbent, Ann Greenough, Simon Hannam, Richard Hayes, Richard Holt, Mizanur Khondoker, Dharmintra Pasupathy, Robert Stewart, Louise Howard (United Kingdom) A meta-synthesis of qualitative research on the experiences of mental health services for women with severe mental illness, from pre-conception to parenting Clare Dolman, Ian Jones, Louise Howard (United Kingdom) Pathways into care among victims of human trafficking in contact with a large inner city Mental Health Service Sian Oram, Charlotte MacKenzie, Cathy Zimmerman, Melanie Abas, Matthew Broadbent, Louise Howard (United Kingdom) Mental Health Service Users' Experiences of Disclosing Domestic Violence in Mental Health Settings: a qualitative meta-synthesis Kylee Trevillion, Bryony Hughes, Gene Feder, Sian Oram, Louise Howard (United Kingdom) Specialization, integration care and continuity of care: how important are

S16.3	Effectiveness of functional and integrated systems: what do we know? Domenico Giacco, Omer Serif, Stefan Priebe (United Kingdom)
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OP17.2	Improving the cost-effectiveness of primary mental health care by selectively investing and de-investing in interventions: a generalized health economic modeling approach Joran Lokkerbol, Peter Verhaak, Rifka Weehuizen, Filip Smit (The Netherlands)		
OP17.3	Is a screening program for postpartum depression a long term sustainable and clinical-cost effectiveness strategy? Elena Turella, Arianna Donolato, Belinda Ciulli, Rossana Riolo (Italy)		
OP17.4	An evaluation of Protected Engagement Time (PET) on staff and patient outcomes on acute mental health inpatient wards in England Fiona Nolan, Sonia Johnson, Richard Gray, Alan Simpson, Brynmor Lloyd-Evans, Nicola Morant, Helen Gilburt (United Kingdom)		
OP17.5	Needs for care among mentally disordered offenders receiving treatment in a therapeutic forensic residency. Relationship with clinical characteristics and recidivisms risk factors Luca Castelletti, Antonio Lasalvia (Italy)		

OP18	Communication skills 4	
	Chairmen: Mike Slade (United Kingdom), Stefan Priebe (United Kingdom)	
OP18.1	The Therapeutic Relationship Model - a guide for clinicians in the least restrictive practices to support recovery <i>Ian Dawe, Sanaz Riahi (Canada)</i>	
OP18.2	Winning hearts and minds: communicating a strategy to bring about recovery orientation in a mental health trust Gabrielle Richards, David Blazey (United Kingdom)	
OP18.3	Is there an association between continuity of patient care and clinical outcomes in the community care of patients with psychosis? Stephen Puntis, Tom Burns, Jorun Rugkasa (United Kingdom)	
OP18.4	Young people using the Internet for mental health information and advice: the French case of www.filsantejeunes.com Ilaria Montagni, Isabelle Parizot (Italy)	
OP18.5	Courses of helping alliance in the treatment of people with severe mental illness in Europe: A latent class analytic approach Sabine Loos (Germany), Mike Slade (United Kingdom), Bernd Puschner (Germany) and the CEDAR study group	

Guided Poster Session I – Thursday, October 3 – 13.00-14.00		
Poster ID	First Author	Title
PS1.01	Urban Markström	Towards Hybridization? The relations between public and non-governmental organizations in the community mental health field in Sweden
PS1.02	Sherrill Evans	Promoting Recovery and Social Inclusion: Using systems thinking to change community mental health services in North Wales
PS1.03	D. Duin	Quality Assessment of Regional Treatment System for Schizophrenia (QUARTS), A study on the implementation of evidence based in the Netherlands
PS1.04	Matthias Schützwohl	The MEMENTA-Study. A multi-site study assessing the mental health status and needs for care in adults with mild to moderate intellectual disabilities
PS1.05	Daniel Poremski	Experiencing evidence-based supported employment services: Qualitative findings of a mixed-methods study
PS1.06	Clément Nestrigue	How depression is cared for in mental health hospital? Overview of care and determinants of the variability in use of mental health service in France
PS1.07	Jed Boardman	Implementing Recovery in Organisations: The ImROC project
PS1.09	Giovanni de Girolamo	Is discharge from residential facilities likely and possible? A longitudinal study in Italy
PS1.10	Amelie Felx	Patients to be discharged from hospitals to community-based residential facilities in Montreal: profiles and residential orientations
PS1.11	Amanda Lundvik Gyllensten	Physical Activity guidelines for persons with schizophrenia
PS1.12	Vanessa Pinfold	Social network development for people with severe mental illness – is it important for recovery and whose role is it anyway?
PS1.13	Giovanni de Girolamo	Pathways to first-ever contacts with child and adolescent mental health services: an Italian study
PS1.14	Giovanni de Girolamo	Age of onset of mental disorders and use of mental health services: is there any correlation?
PS1.15	Emma Motrico Martínez	Regional financing systems and financial incentives for mental health care in spain. comparison of andalucia, catalonia and basque country

Poster ID	First Author	Title
PS1.16	Michael Clark	Developing the evidence base for social care in mental health – the NIHR School for Social Care Research in England
PS1.17	T.E. Verrijp	The influence of moving to better quality supported housing on long-term care-dependent psychiatric patients
PS1.18	T.E. Verrijp	Experiences and stigma of people living in the proximity of a supported housing facility for people with severe mental illness.
PS1.19	Helen-Maria Vasiliadis	The economic impact and benefits associated with implementing suicide prevention programs at the population level
PS1.20	Margareta Östman	Low satisfaction with sex life among people with severe mental illness living in a community
PS1.21	Peter Huxley	Social work intervention in self-harm (SWISH); a feasibility study for the replication in Wales of an intervention developed i Australia
PS1.22	Gianfranco Zuaboni	"ORIENT"- Pilot Study: A Recovery-Oriented Mental Health Nursing Intervention Pilot study
PS1.23	Vesna Švab	Barriers and errors in implementation of community psychiatry in Slovenia
PS1.24	David Brunt	Satisfaction with housing and housing support for persons with psychiatric disabilities
PS1.25	Trond Nergaard Bjerke	What does it mean to be recovered from drug-addiction? Preliminary results from a phenomenological study of patients experience of recovery
PS1.26	Kristina Klein	The effectiveness of interventions for adults with intellectual disabilities and mental illness: a systematic review
PS1.27	Catherine Briand	Implementing evidence-based practices in rehabilitation and mental health in the Quebec public health system
PS1.28	Andrzej Cechnicki	The effect of two predictors' interaction on short- and long-term treatment outcomes in schizophrenia
PS1.29	Aneta Kalisz	The significance of persisting negative symptoms as a prognostic factor for the course of schizophrenic psychoses
PS1.30	Andrzej Cechnicki	Recovery in schizophrenia

Guided Poster Session I – Thursday, October 3 – 13.00-14.00		
Poster ID	First Author	Title
PS1.31	Agneta Öjehagen	Hazardous alcohol and drug use among people with psychiatric disabilities visiting day centres
PS1.32	Simon Riches	Differences in perception of well-being between staff and service users with psychosis
PS1.33	Yolanda Nijssen	Recovery oriented care on closed admission wards in the Netherlands
PS1.34	Naomi Clewett	A qualitative exploration of the impact of mental health personalised social care in England
PS1.35	Terry Safits	A psychological treatment programme for traumatised exmilitary personnel in the UK
PS1.36	Naomi Boycott	'Working Well!': A Pilot Work-Focussed Psychotherapy Programme in Addition to Individual Placement and Support (IPS) – Six Months On
PS1.37	François Wyngaerden	Networks of social support and continuity of care for psychiatric users
PS1.38	Chantal Van Audenhove	User and family members' involvement in the mental health care reform in Belgium: a pilot-study
PS1.39	Sandra Saldivia	Prevalence and treatment of depression in a sample of adults attending Primary Care facilities in Chile
PS1.40	Hanneke Van Gestel	Routine Outcome Monitoring (ROM) in an intensive community-based care program for severely marginalized persons that are hard to reach: An implementation study

Guided Pos	ters Session II – Friday	y, October 4 – 13.00-14.00
Poster ID	First Author	Title
PS2.01	Rumina Taylor	Promoting Recovery: Social Cognition and Interaction Training (SCIT) for Forensic Inpatients
PS2.02	Magnus Bergmark	Implementing methods that support Recovery- Analysis of policy and practice in Sweden
PS2.03	Rossana Riolo	Mothers without depression: A screening program, treatment and study of affective disorders in the post-partum period
PS2.04	Gabriella Tirone	A rehabilitation program based on sporting activities in people with severe mental disorders: an example from Trieste, Italy
PS2.05	Aglaé Sousa	Needs and profile of a sample of patients with mental disorders living in residential facilities in São Paulo city, Brazil
PS2.06	Cindy Noben	Comparative cost-effectiveness of two interventions for improving work functioning among nurses: pragmatic cluster randomised trial
PS2.07	Francis Vergunst	Does coercive mental health care affect long-term social outcomes in psychosis patients?
PS2.08	Daniela Pucci	Forensic Psychiatric Hospitals closure in Italy: new perspectives in the Lazio Region after the 2008 DPCM act
PS2.09	Amelie Felx	Take a glimpse! Using concept mapping to develop a visual representation of housing and community-based residential settings
PS2.10	Richard Byng	Contribution of service design to four fold variation in access to psychological therapies: a systems level, mixed method study
PS2.11	Liv Zetterberg	The introduction of compulsory community care – for the best of the patient or managing political risk?
PS2.12	Hans Kroon	Fidelity to Flexible Assertive Community Treatment in the Netherlands
PS2.13	Giovanni de Girolamo	Psychoeducation for patients with bipolar disorder: a study of effectiveness in Italy
PS2.14	Guilherme Gregório	User embracement at the Psychosocial Care Center (CAPS) in Brazil: one strategy to user compliance

Poster ID	First Author	Title
PS2.16	J.R. Theunissen	Social functioning and participation in society in an Amsterdam cohort of patients with severe mental illness
PS2.17	Vincent Lorant	Mental Healthcare Delivery System Reform: Stakeholders and Policy Priorities Compared
PS2.18	Savina Rauber	Multidimensional outcome after involuntary treatment from 2010 to 2013 of a consecutive cohort in a mental health centre of Trieste
PS2.19	Hannah Jones	A cluster randomised controlled trial of an oral health intervention for people with serious mental illness
PS2.20	Denise K. Manchisi	Ten years of individual placement and support in Italy
PS2.21	Jean Pierre Wilken	Key factors in supporting recovery processes
PS2.22	Helle Høgh	"Medical Pedagogy" - a national social psychiatry development project in Denmark
PS2.23	Harry Michon	Facts and figures on societal participation in people with severe mental illnesses in the Netherlands; First findings of a national panel
PS2.24	Ian Dawe	Mindfulness - a guide for clinicians in distress reduction practices to support recovery
PS2.25	Sarah Tosato	Can Obstetric complications predict a more severe functional and clinical outcome? Data from the 2-year follow-up of a large first episode psychosis study (PICOS)
PS2.26	Sarah Tosato	Association between the COMT gene and neurological abnormalities and poorer executive function in Caucasian patients with psychosis
PS2.27	Elisa Ira	Positive symptoms in first-episode psychosis patients experiencing low maternal care and stressful life events: the mediating role of the COMT gene
PS2.28	Irene Bighelli	Bridging the gap between research and practice through the development of GRADE recommendations for psychotropic drugs interventions
PS2.29	Francesca Girlanda	Guideline implementation strategies for specialist mental health care: a systematic review
PS2.30	Kai Sabas	An evaluation of REFOCUS Personal Recovery and Coaching Training

Guided Post	ters Session II – Friday	y, October 4 – 13.00-14.00
Poster ID	First Author	Title
PS2.31	Anna Kristine Waldemar	Recovery-oriented practice in psychiatric wards: organizational challenges
PS2.32	Lisa Tlach	Decision-making and Information Needs in Mental Health Care: A Mixed-methods Study
PS2.33	Sian Oram	Systematic review and meta-analysis of psychiatric disorder and the perpetration of partner violence
PS2.34	Toby Brandon	Examining the recovery impact of emancipatory action research for service user and carer researchers in the UK
PS2.35	Anna Liberadzka	Trust in patient- therapist relationship
PS2.36	Yonsuk Chae	Communication Improvement through Narrative Therapy: Case Study on Schizophrenia in Adolescents
PS2.37	Kim Jørgensen	Development of employees' skills in recovery-oriented activities
PS2.38	Anne Petersen	The logics of everyday psychiatric work
PS2.39	Tine Van Bortel	Empowering service users and health professionals and improving health services through coaching interventions
PS2.40	Pedro Mateus	Assessing leadership profiles in Portuguese public mental health services

For Presenters

IN SYMPOSIA

Symposia will be 75 minutes (4 presentations) or 90 minutes (5 presentations), including a minimum of 15 minutes for open discussion. It is essential that presenters leave ample time for discussion of their work with members in the audience. You will have a 15 minute time slot for your presentation.

IN ORAL PRESENTATION SESSIONS

Oral Presentation Sessions will last 75 (4 presentations) or 90 minutes (5 presentations), with 15 minutes for discussion (chairmen can decide to give 2/3 minutes for discussion at the end of each presentation or to allow 15 minutes at the end of the session. You will have a 15 minute time slot for your presentation.

AUDIOVISUAL EQUIPMENT

Please bring to your lecture room at least 15 minutes before the start of your session one copy of your presentation on a CD-ROM or USB media storage device. Conference organizers will load all presentations on conference computers. Lecture rooms will be equipped with a PC computer with the following software installed: PowerPoint, Word, Excel or Acrobat Reader. There will also be a microphone and a standing lectern. No VCR, overhead projector or carousel slide projector will be provided. Macintosh computers will not be available.

It will not be possible to use your own computer. Prepare your presentation in a single PowerPoint, Word, Excel or Acrobat file to run on an IBM compatible computer with Microsoft Office.

POSTERS

There will be 2 guided poster sessions with about 40 posters each. Each session will be moderated by two chairs who will guide the group from poster to poster and ask a brief presentation from the author who should be standing by his or her poster. Each session will end with a brief discussion. Please keep in mind that many attendees will appreciate receiving a handout that summarizes your research findings. Poster prizes will be awarded to the three best posters at the Conference Gala Dinner. Posters will be judged by the Poster Prize Committee in collaboration with the session chairs on the following criteria: scientific quality, poster presentation, and quality of the brief oral presentation and of the handout. Poster dimensions must be DIN A0 portrait format $(84.1 \times 118.9 \text{ cm} = 33.1 \times 46.8 \text{ inches})$. We will provide a freestanding display frame which has your poster number on which you can mount and display your poster.

Please put up your poster as early as possible upon arrival at the conference and do not remove it before the end of the conference (Saturday 2.30 pm) in order to give as much time as possible to attendees to view the posters also outside the poster sessions. In any case, please do not remove your poster before Friday, October 4, 5 p.m. so that the members of Poster Prize Committee can complete their work.

Participant Information

REGISTRATION FEES ON SITE (VAT INCLUDED)

Regular € 550,00Reduced*, Student, Trainees and Residents** € 350,00Accompanying person§ € 200,00Opera Gala Dinner on Friday October 4 ≠ € 65,00

OFFICIAL LANGUAGE

The official language of the Conference will be English.

SECRETARIAT DESK

The Secretariat Desk at the Conference venue will be open:

October 2 from 5 pm to 6.30 pm

October 3/4/5 from 8 am till the end of the working sessions

ECM - CME (Continuing Medical Education)

Only for Italian participants attending the entire programme, Regione Veneto has assigned n. 7 ECM - CME Credits.

SOCIAL PROGRAMME

Thursday, October 3 - 6.45 pm

Welcome Cocktail at Museo Civico di Storia Naturale - Lungadige Porta Vittoria, 9

Friday, October 4 - 8 pm

OPERA Gala Dinner* at Due Torri Hotel - P.zza S. Anastasia, 4



The Opera Gala Dinner will take place at Due Torri Hotel with the performance of famous opera arias that will liven up the evening. The Due Torri Hotel is situated in the historic centre of Verona near the church of Sant'Anastasia, as stone's throw from Juliet's famous balcony, Piazza Bra and the Arena, known throughout the world. The superb quality of the furnishings and the professional service are highly valued by its illustrious Italian and international clientele, making it the most renowned five-star hotel in Verona. The Due Torri Lounge & Restaurant, situated in the historic hall of the hotel with its pillars and architectural elements dating from the 14th century, is considered to be one of the most fashionable hang-outs.

^{*} Service users and participants from Eastern Europe and upper-middle (cat. B), lower-middle (cat. C), low- (cat. D) income countries (World Bank classification).

^{**} Students must attach a copy of their student ID, Residents and Trainees a signed certificate from their department head or supervisor. Age limit to 40 years.

[§] Registration fee for all Accompanying persons, no matter from which area, does not include attendance to any of the Conference Scientific Sessions. It includes: participation in Social Events (Opening Ceremony, Welcome Cocktail and Closing Ceremony), 3-day Veronacard. Gala Dinner is not included.

[≠] At the door registrations for the Opera Gala dinner are not accepted

^{*} Reserved only to participants who prepaid. Transfer to/from the Hotel is not provided. Please show your voucher invitation at the entrance of the Hotel.

Map of Verona



PRACTICAL INFORMATION (A-Z)

BANKS

In the city centre there are several banks open from 8.30 am to 12.30 am and from 2.30 pm to 4.00 pm approximately. There are many ATMs 24 hours a day - 7 days a week.

CREDIT CARDS

In Italy all the main credit cards are accepted.

CRIME AND PERSONAL SAFETY

Verona centre is safe, nevertheless we recommend the use of common sense, keeping an eye on wallets when in crowds and possibly avoiding carring too much cash or wearing flashy jewellery.

CURRENCY

The Italian currency is Euro (EUR o €)
The approximate exchange rate (August 2013) is:
1 EUR = 1.3473 US \$; 0.7422 £

EATING AND DRINKING

See the list at page 38

ELECTRICITY

Italian voltage is 230 and frequency is 50 Hz. The electric plugs are mainly type L (three pole "Italian" plug). This standard includes two models rated at 10 A and 16 A that differ in contact diameter and spacing. Both are symmetrical, allowing the plug to be inserted at either direction.

LANGUAGE

Verona is a popular tourist destination, so most of the restaurants and bars staff speak English and German.

LOCATION AND WEATHER

Verona, located in the north east part of the Italian peninsula, is 59 meters above sea level. The city experiences hot summers and cold, humid winters, even though tempered by Lake Garda's influence.

OPENING HOURS

Offices

Monday - Friday:

9.00 am/1.00 pm - 2.00 pm/6.30 pm

Shops

Monday: 3.00 pm / 7.30 pm

Tuesday/Saturday: 9.30 am/7.30 pm

(some shops open all day from 9.30 am to 7.30 pm)

Supermarkets
Monday - Friday:

8.30 am/12.30 pm - 3.30 pm/7.30 pm

In the city centre, supermarkets usually stay open from 8.30 am to 7.30 pm or later.

SMOKING

On 10th January 2005 smoking bans were introduced in all the public place, such as bars, restaurants, hotels, offices, shops, etc. with the exception of the places with reserved smoking areas, provided with a suitable ventilation system.

TAXES

In Italy all the services and goods are usually subject to VAT tax that is 21% of the value of the goods. In restaurants VAT is 10% and it's usually already included in the bill.

TELEPHONES

Italy country code is 0039.

For international calls, dial 00 + national code + area code + personal number.

TIME

The Italian local time is UTC (GMT) + 1, that means one hour ahead of Greenwich mean time. Italy adopts the daylight saving time (DST) from the last Sunday of March till the last Sunday of October.

TIPPING

In all restaurants, bars, taxis etc. the service is included in the price. Tips are happily accepted but it is not necessary to leave anything more than the amount assessed.

EMERGENCIES

In case of sanitary emergencies or dangerous situations the number to call is 118

Carabinieri (Italian military police) 112

Police 113

Fire brigade 115

CHEMIST'S

In the city centre there are several chemist shops, easy to recognize by a bright green cross. They open Monday - Friday from 9.00 am to 12.00 am and from 4.00 pm to 7.00 pm. Duty pharmacies open also on weekends and holidays. Find the list of the chemist shops with the timetable on www.farmacieverona.it or outside every chemist shop.

HOSPITALS

Ospedale Civile Maggiore
Piazzale A. Stefani, 1 - 37126 - Verona
Policlinico G. Rossi
Piazzale L.A. Scuro, 10 - 37134 - Verona
Switchboard 045 8121111

GETTING AROUND

Verona city centre is extremely rich in historic and architectural beauty; so it is certainly worth a visit by foot. This is the only way to enjoy completely the view of magnificent palaces, squares and monuments that bring us to an imaginary trip back to Verona's glorious history. Moreover, enjoy picturesque glimpses that stimulate your attention and enliven your fantasy!

CARS

Be careful about driving into Verona city centre because of ZTL areas, which are limited traffic flow areas where the access of cars is limited to pre-established times.

FREE ACCESS TO THE ZTL TIMETABLE

Monday - Friday:

- from 10.00 am to 1.30 pm
- from 4.00 pm to 6.00 pm
- from 8.00 pm to 10.00 pm

Saturday, Sunday and holidays: - from 10.00 am to 1.30 pm

If staying at a hotel inside a ZTL area, make sure the hotel or its garage calls the licence numer into the police and optains a provisional transit permit. Keep the hotel bill in case you need to challenge a fine later.

PARKING

Free parking:

- Porta Palio Parking Stradone Porta Palio
- Piazzale Guardini Parking Piazzale Guardini
- Stadium Parking (three park and ride) Piazzale Olimpia

Paying car parks:

- Arena Parking Via Bentegodi, 1 - tel. 0039 045 8009333

- Cittadella Parking Piazza Cittadella, 4 - tel. 0039 045 595593
- Italia Parking Corso Porta Nuova, 91 - tel. 0039 045 8006312
- Piazza Isolo Parking Via Ponte Pignolo, 6 - tel. 0039 045 8007921
- Via Città di Nimes Parking Via Città di Nimes tel. 0039 045 2320025*
- Arsenale Parking Via Arsenale 8 - tel. 0039 045 8303460
- Passalacqua Parking
 Via dell'Università tel. 0039 045 2320025*
 It is the closest to Conference venue, just in front of the Polo Zanotto. For this open air parking place you can pay inside when leaving it. "Passalacqua" parking is open 24 hours a day-7 days a week. It is located in Viale dell'Università, about 100 metres far from Polo Zanotto.
- * from 9.00 to 1.00 pm

Parking is also allowed along certain roads in the city, in areas with white and blue painted control lines. In the second case drivers must use a special prepaid coupon called "Verona Park", on sale at tobacconists and paper shops. For further information www.comune.verona.it

VERONA CARD

VeronaCard is an all-inclusive ticket that allows to gain free entry to museums, churches and monuments in the city.

There are two cards available:

- VeronaCard for 2 days at the price of € 15,00
- VeronaCard for 5 days at the price of € 20,00

You can buy VeronaCard at museums, monuments, churches, tobacconists and tourist information point in the city centre and at Garda lake surroundings and at all the sales points which participate in the initiative.

For further information click: http://www.veronacard.it

PUBLIC TRANSPORT

Azienda Trasporti Veronesi (ATV) runs urban public transport. Tickets, valid within 60 minutes from the validation, can be bought at tobacconists for € 1,10 or € 1,50 on board. For € 3,50 it is possible to buy a daily ticket, valid 24 hours long on all urban routes.

Here is a synthesis of the main routes in the city: FROM THE STATION TO PIAZZA BRA (ARENA) Monday - Saturday: buses 11, 12, 13, 72; on Sunday: 90, 92, 93, 96, 97 FROM THE STATION TO CASTELVECCHIO Monday - Saturday: 21, 22, 23, 24, 41; on Sunday: 91, 93, 94, 95 FROM PIAZZA BRA TO POLO ZANOTTO (Conference Venue) VIA XX SETTEMBRE BUS STOP Monday - Saturday: 11, 12, 13, 510; on Sunday: 90, 92, 98, 510* (* only in the afternoon)

FROM STATION TO POLO ZANOTTO (Conference Venue) VIA XX SETTEMBRE BUS STOP

Monday - Saturday:

11, 12, 13, 51, 510; on Sunday: 90, 92, 98 and 510* platform A (* only in the afternoon)

TAXI

Radiotaxi switchboard (24 hours a day - 7 days a week) 0039 045 532 666 Taxi stand Piazza Bra +39 045 803 0565 Taxi stand Porta Nuova Station +39 045 800 4528

THE CITY OF VERONA

Verona is one of the most important cities in Veneto. It is well known for its artistic and architectural beauties. Thanks to its history the city centre was listed by UNESCO as a World Heritage Site.

ONE OF THE POSSIBLE ITINERARY

Starting from Verona railway station, along Corso Porta Nuova: you will easily reach the heart of the city, Piazza Bra, with the monumental Arena. The Romanic Anfiteatro is one of the most ancient and best-preserved of those existing, and it's now the charming venue of a famous Opera season. Give at least a glance at the great palaces Gran Guardia and Barbieri and take for the Liston, a characteristic wide pavement on that goes through piazza Bra and brings to via Mazzini, a street with plenty of shops, bars and restaurants. On arrival at the end of via Mazzini you will be surprised to find a very peculiar dwelling: the very famous Casa di Giulietta (Juliet's house). At this point you will certainly have a feeling for the city fascinations: the inner town streets hold unexpected sightsand ancients buildings, churches, and dramatic views of bridges and monuments.

A few more steps and you will find yourself in Piazza delle Erbe, the square where the city market has been taking place for centuries. The square is surrounded by some extraordinarily interesting buildings: the Domus Mercatorum, the Gardello Tower, Maffei Palace and Case Mazzanti (a huge completely painted "a fresco" house). Pass over the Arco della Costa, and see the beautiful Piazza dei Signori, that used to be, together with the adjacent Piazza delle Erbe, the venue of government palaces in Middle ages and it's now a very appreciated meeting place, where social and cultural events are set almost every

day. Very close to Piazza dei Signori are the Arche Scaligere, monumental graves of Signori della Scala, Lords of Verona straddling the XIII and XIV centuries, situated in front of the Church of Santa Maria Antica.

VERONA CITY SIGHTSEEING

With Verona City sightseeing you will have the opportunity to join the tour at any stop, listen to the commentary in one of the seven languages available or reach any other bus-stop on the route and see all the best sights and attractions that the city offers. There are two routes available, Line A and Line B: choose the one that more stimulate your curiosity! Ticket is valid 24 hours on both itineraries.

Hop off whenever you like and hop on every 60 minutes. Wheelchairs are welcome.

Fares

Adults: € 18.00

Children 5-15 years old: € 9.00

Family (2 adults + 2 children): € 50.00

Family (2 adults + up to 3 children): € 55.00

For further information click: www.verona.city-

sightseeing.it

CHURCHES AND MUSEUMS

In Verona there are several churches of great historic and artistic value. The most famous is the Basilica dedicated to San Zeno, held as a Romanesque masterpiece.

Rather inspired by Gothic is Sant'Anastasia Church, which is home to some famous Pisanello's and Altichiero's "a frescos". Remarkable too, the Dome (Santa Maria Matricolare Cathedral) and San Fermo Church, rare because of the four naves division, in its lower part.

Following is a short overview on the main museums:

- Castelvecchio Museum

It is in Castelvecchio fortress, an imposing

building of the Middle Ages. The exhibition is hosted in about thirty rooms and it's divided into sculpture, Italian and foreigner painting, ancient weapons, ceramic ware, jewels, miniature paintings.

The old town bells are also on view.

- Jiuliet's grave and Museo degli Affreschi

The museum is hosted inside the monastery of San Francesco al Corso. Visitors can admire cycles of frescos from Veronese medieval buildings in the sixteenth century, and nineteenth century sculptures, while the church of San Francesco hosts works on canvas of great dimensions ranging from the sixteenth to the eighteenth century. Inside, a crypt, under the church of San Francesco, lies an empty, simple sarcophagus made of red Verona marble. It is believed to be the grave where finally rested the legendary Veronese Lovers.

- Museo Lapidario Maffeiano

This is the oldest public museum in Europe. It hosts an important collection of memorial and funeral epigraphs.

- Teatro Romano and Museo Archeologico In the numerous exhibition spaces a large range of archaeological finds is displayed, like sculpted and decorative pieces coming from the Romanic Theatre, mosaics, votive and funeral stones, altars, epigraphs, sculptures, glass, pottery etc. Entrance ticket to the Museum includes also the visit to the Theatre.

SHOPPING

Via Mazzini and via Porta Borsari are appreciated and well known for the great deal of beautiful shops they display.

Footwear, clothes, underwear, leather goods stores, etc. all the best that Italian high fashion labels offer to fashion victims!

Restaurants recommended by COGEST M. & C.	BEST M. & C.		$\epsilon = 10/2$	$\epsilon = 10/25 \mathrm{EURO} \ \ \epsilon \epsilon = 25/35 \mathrm{EURO} \ \ \epsilon \epsilon \epsilon = 35/40 \mathrm{EURO} \ \ \epsilon \epsilon \epsilon \epsilon = 40/50 \mathrm{EURO}$	$\epsilon \epsilon \epsilon = 35/40 \mathrm{EURO} \ \epsilon \epsilon \epsilon$	$\epsilon = 40/50 \text{ EURO}$
Restaurants	Address	Phone (0039)	Closing Day (verify)	Location	Cuisine	Average price
Pizzeria Bella Napoli	Via Marconi, 16	045 591143		City center	Pizzeria	ψ
Pizzeria Leone "da Ciro" 1924	Via Zambelli, 20	045 8065161	Monday	City center	Pizzeria	Ψ
Trattoria Alla Colonna	L.go Pescheria Vecchia 4	045 596718	Sunday	City center	Osteria	EE
Osteria Carroarmato da Annalisa	Vicolo Gatto 2	045 8030175	Monday	City Center	Osteria and food	EE
Osteria Sottoriva (Franco)	Via Sottoriva 9/a	045 8014323	Wednesday	City Center	Osteria and food	€€
Osteria Dal Duca	Via Arche Scaligere 2/b	045 594474	Sunday/Tuesday at lunch	Near Piazza Erbe	Typical	€€
Trattoria Da Ugo	Vicolo Dietro S. Andrea 1/b	045 594400	Sunday /Monday at lunch	City center	Typical	EEE
Trattoria I Masenini	Via Roma 34	045 8065169	Sunday/Monday at lunch	City center	Typical	EEEEE
Trattoria Pescheria I Masenini	Ptta Pescheria 9	045 9298015	Sunday/Monday at lunch	City center	Fish	EEEEE
Trattoria Al Bersagliere	Via Dietro Pallone 1	045 8004824	Sunday/Monday	City center	Typical	EEEEE
Locanda 4 Cuochi	Via Alberto Mario 12	045 8030311	Monday	City center	Typical/modern	EEEEE
Ristorante Rubiani	Piazzetta Scalette Rbiani	045 8009214		Arena	Fish and more	EEEEE
Capitan della Cittadella	Piazza Cittadella 7/a	045 595157	Sunday/Monday at lunch	Near Arena	Fish	EEEE
Ristorante Calmiere	Piazza San Zeno 10	045 8030765	Sunday evening/Monday	Near S. Zeno Church	Typical	€€€€
Ristorante Antico C affè Dante	Piazza dei Signori	045 8000083	Sunday evening/Monday	City center	Refined	€€€€
Ristorante Maffei	P. Erbe 38	045 8010015		Piazza Erbe	International	€€€€
Ristorante Maria Callas	Vic. S. Pietro Incarnario	045 594034	Sunday	Center	Refined	EEEE
Trattoria Al Pompiere	V.lo Regina d'Ungheria 5	045 8030537	Sunday / Monday at lunch	Near Juliet's house	Typical	€€€€
Ristorante Re Teodorico	P.le Castel San Pietro	045 8349990	Wednesday/ Sunday even.	Torricelle hills	Refined	EEEE
Ristorante Locanda Castelvecchio	Corso Castelvecchio 21/A	045 8030097	Tuesday/Wedn. at lunch	Near Castelvecchio	Typical	€€€€/€
Ristorante Dodici Apostoli	V.Lo Corticella S. Marco 3	045 596999	Sunday evening/Monday	City Center	Refined	€€€€/€
Ristorante La Bottega del Vino	V. Scudo Di Francia 3	045 8004535	Tuesday	City Center	Typical (Wines)	€€€€/€
Ristorante La Fontanina	P.tta Portichetti Fontanelle 3	045 913305	Sunday/ Monday at lunch	Near Teatro Romano	Refined	EEEEE
Ristorante Il Desco	Vic. S. Sebastiano 3/5	045 595358	Sunday/Monday	City Center	Refined	$\epsilon\epsilon\epsilon\epsilon\epsilon$
Osteria Oste Scuro	V.lo S. Silvestro, 10	045 592650	Sunday/Monday at lunch	Near Castelvecchio	Fish	$\epsilon\epsilon\epsilon\epsilon\epsilon$
Pubs & Clubs recommended by COGEST M. & C.	GEST M. & C.					
Alla Cappa	P. Bra Molinari 1	0458004516		City Center	Cocktail & trends	Ψ
Filippini	P. Erbe 26	0458004549	Wednesday	City Center	Cocktail	Ψ
Le Cantine de l'Arena	Piazzetta Scalette Rubiani, 1	045 8032849		City Center	Music Brasserie	Ψ
Highlander	Via Leoncino 11	0458002261	Sunday	City Center	Pub	Ψ

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